



Athletes as Servant Leaders

UNDERSTANDING SERVANT LEADERSHIP



It's a "we" thing

Athletes show commitment for both their sport and their teammates. They have a great desire to win but also know how to recover from a loss. They have great energy that is contagious, creating an atmosphere where everyone can thrive. The competition and push towards greatness is a healthy, disciplined journey towards being the best that "we" can be — personally and together.



Striving to succeed, athletes understand the need to formulate a plan and support the team around them. They respect themselves, their body, their mind and the spirit that fuels them day in and day out.

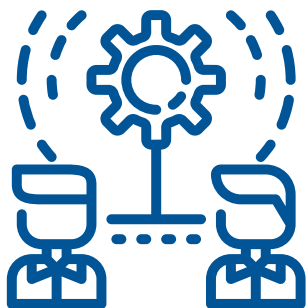


Doesn't it make sense that athletes can be exceptional leaders? Winning is not the only victory.

Sports have the power to teach lifelong lessons, encourage potential, and mold character in any individual.



Servant leadership is based in nurturing a team spirit by supporting those around you. When you help each individual to be the best they can be you improve the whole team. Taking this theme off the court prepares athletes for greater options in life and a more successful future.



What to expect from this workshop:

- Understand the true definition of leadership as an athlete
- Earn respect and how to translate that into inspiring others
- Translating athletic stability from on the field/court into the workplace, your mission, occupation
- Supporting a team for the long haul- taking care of yourself. Lead by example
- How to develop a team and head for victory
- Develop leadership potential by walking the talk:
 - Enhance leadership skills
 - Identify Character traits
 - Explore the meaning of Success vs Failure
- Making an impact as a Servant Leader
 - Where do you go from here
 - Creating your next steps
 - The nonnegotiable framework



LET'S DISCUSS YOUR NEEDS AND OBJECTIVES

Multi-Day Programs

There is opportunity for change, potential for growth and the surprise in revealing the leader within.

Marie Mozzi has been a successful award-winning youth athlete with a professional management career working for top level destination spas and fitness centers as an entrepreneur. Having been a competitive coach and trainer, she understands what your athletes need to succeed in business and interpersonal relationships. Today she enjoys the great outdoors and a variety of sports including tennis, golf and biking.



Contact Marie for details:

📞 203.421.2757

✉️ marie@mariemozzi.com

🌐 www.mariemozzi.com

marie mozzi
LEADING FROM THE HEART

Leading from the Heart

